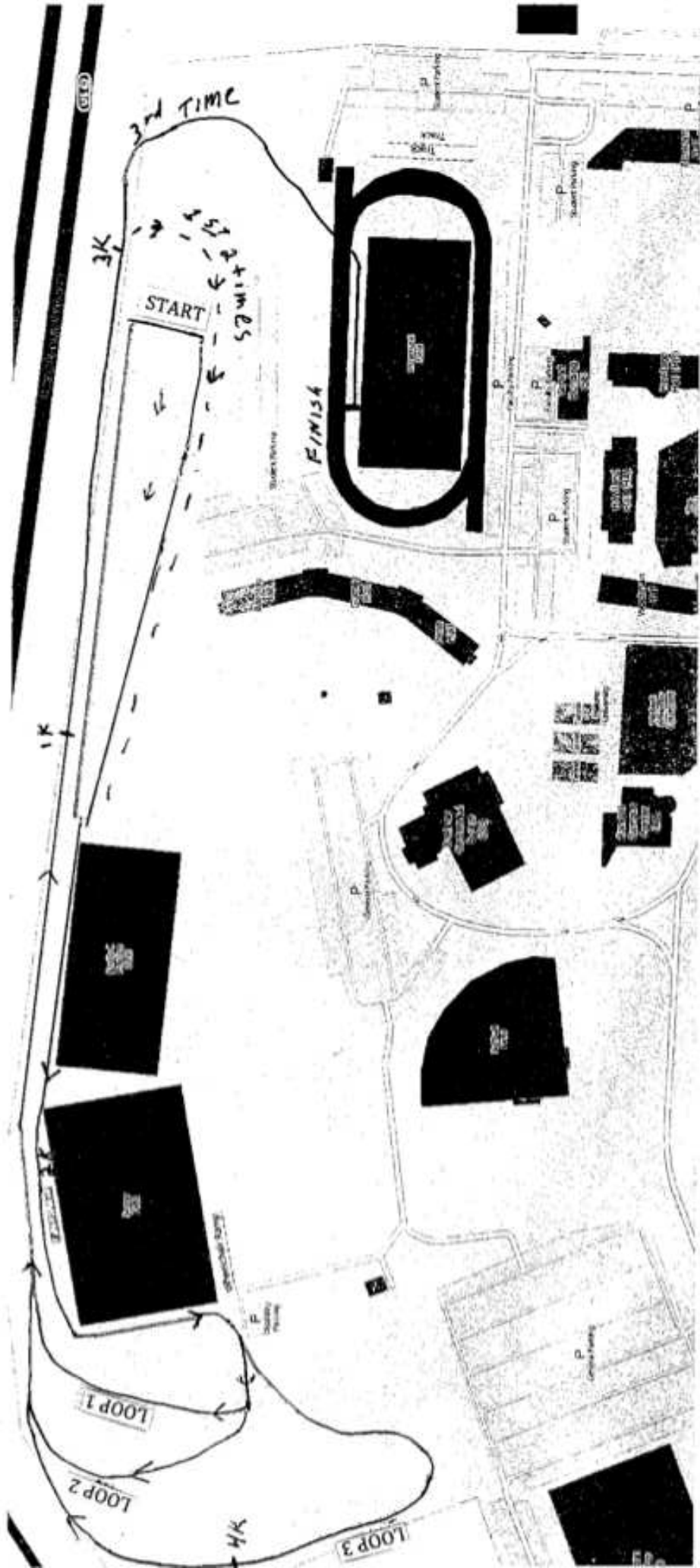


Malone University Cross Country Course

3 Loops



Loop 1 = 1 Mile

Loop 2 = 2 Miles

Loop 3 = 5k

High School - 5k (3 loops)

Middle School - 3200m (2 loops)